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## Substance Abuse

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**Presenter:** Joe Smith, LADC, Ph.D.

**Affiliation/Organization:** Awesome Agency in Nice, Nebraska

**Date of Presentation:**

**Location of Presentation:**

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### Why This Topic Is Important:

This six hours workshop will focus on understanding criminogenic needs in relation to juvenile offenders. Clinicians will address the benefits of utilizing motivational strategies while working with substance abusing juvenile offenders. Specific strategies and tools will be taught to build motivation for change within this specific population. Clinicians will have an opportunity to practice techniques and enhance skills.

### Objectives of this course:

- 1) Review the theoretical basis for Motivational Interviewing
- 2) Identify the factors of client resistance
- 3) Examine the elements of ambivalence with substance abusing juvenile offenders
- 4) Apply strategies using motivational interviewing concepts
- 5) Integrate intervention skills based upon client stages of change

### Method of Presentation:

- |   |                                      |  |
|---|--------------------------------------|--|
| <input type="checkbox"/> Lecture                | <input type="checkbox"/> Video/DVD   | <input type="checkbox"/> Group Presentations |
| <input type="checkbox"/> Discussion             | <input type="checkbox"/> Power Point | <input type="checkbox"/> Quizzes             |
| <input type="checkbox"/> Small Group Discussion | <input type="checkbox"/> CD/Music    | <input type="checkbox"/> Other_____          |
| <input type="checkbox"/> Small Group Activities | <input type="checkbox"/> Activities  | <input type="checkbox"/> Other_____          |

### Method for Monitoring Participants:

A sign in sheet will monitor registration for this course. The sheet will include each of the participant's names with the box for each day of the workshop. The participants will have to initial the box each day. The participant will need to be present for the entirety of the day in order to receive full credit for the workshop. The certificate will be handed out at the end of the workshop to those that met the criteria for workshop hours.

## Key Points and Considerations for Practice:

- 1) Children learn values and develop a conscience as a result of the lessons learned from their primary associations.
- 2) Lack of structure and excessive free time negates the positive lessons and values learned.
- 3) 40% of later serious offenders committed their first offense by age 12.
- 4) Studies show that mixing high risk offenders with low risk offenders actually increases the recidivism rates for those low risk offenders.

## References:

- 1) Anton, R.F. Moak, D.H., et al. Naltrexone & cognitive behavioral therapy for TX of outpatient alcoholics: results of...Am.Jrnl. Psychtry. 156 (11): 1758-1764, 1999.
- 2) Roberts, J.S., Anton, R.F., et al. Factor structure & predictive validity of the Obsessive Compulsive Drinking Scale. Alcoholism: Clncl. & Expermntl. Rsrch. 23 (9): 1484-1491, 1999.
- 3) Garbutt, J.C., West, S.L., Carey, T.S., Lohr, K.N., Cres, F.T. Pharmacological treatment of alcohol dependence. A review of the evidence. JAMA. 281 (4): 1318-1325, 1999.

## Websites:

--<http://www.niaaa.nih.gov/> The National Institute on Alcohol Abuse and Alcoholism provides access to documents on alcoholism and its treatment.

--<http://www.nimh.nih.gov/> The National Institute on Mental Health has consumer-friendly information on psychiatric disorders and their treatments.

## Agenda

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8:00 - 8:30am	Registration
8:30 - 9:00am	Introductions and Attitude Exploration
9:00 - 9:30am	Risk principles and Criminogenic needs of juvenile offenders
9:30 - 10:15am	Building alliance with clients and change
10:15 - 10:30am	BREAK
10:30 - 12:00pm	Elements of client resistance and change
12:00 - 1:00pm	LUNCH (on your own)
1:00 - 1:45pm	Strategies for identifying client placement in stages in change
1:45 - 2:15pm	Strategies to address resistance behavior
2:15 - 2:30pm	BREAK
2:30 - 3:15pm	Case Studies and listening practice
3:15 - 3:45pm	Practice the five early strategies of motivational interviewing
3:45 - 4:00pm	Evaluations/Certificates