



2022 - 2023
Annual Report



years of care

A Message from the CEO and Board Chair

Friends and Colleagues,

The Lincoln Medical Education Partnership (LMEP) celebrated our 50th Anniversary this year. We continue our mission to provide exemplary patient care through our dedication to resident physician education. We provide full-scope healthcare including outpatient and inpatient services, obstetrics, acupuncture, substance abuse counseling, and mental health care. Our School Community Intervention and Prevention program continues to train educators and staff in well over 160 schools to identify kids at risk for behavioral, substance abuse, and mental health issues. We offer a free assessment to those students in order to get them and their families on the road to a better future.

We formed the Lincoln Pediatric Hospitalists program three years ago to provide inpatient care to children

at Bryan Medical Center, CHI Health St. Elizabeth, and Madonna Rehabilitation Hospital. This program has vastly raised the bar to new heights and improved pediatric care in Lancaster County. We are transitioning the administrative arm of the program to Children's Nebraska and continue to be very involved with the program as our Residents rotate through the Lincoln Pediatric Hospitalists service during the year.

Stepping Stones offers substance abuse counseling and mental health care to Lincoln residents. This is such a needed and valued service that we have provided for decades. We are proud of our providers' high level of expertise and caring.

The Lincoln Family Medicine Residency Program graduated another class of Family Medicine Physicians in July. They are headed off to become clinicians throughout the state and region. We also welcomed eight new resident physicians who are beginning their three-year educational journey with us.

Our core values are Accountability, Caring, Collaboration, Education, Professionalism, and Teamwork. Every day we make an effort in those

areas in order to be a welcoming, open, and accepting organization.

The Lincoln Medical Education Partnership is so grateful to our supporters and staff for their exceptional care and effort on our behalf. For more information about the Lincoln Medical Education Partnership, visit us at LMEP.com.

Sincerely,



A handwritten signature in black ink that reads "AL Linderman".

Al Linderman
President/CEO, LMEP



A handwritten signature in black ink that reads "Carol Ott Schacht".

Carol Ott Schacht
Chair, LMEP Board of Directors

Our Values

Accountability

Caring

Collaboration

Education

Professionalism

Teamwork

Celebrating 50 Years

Lincoln Medical Education Partnership, formerly Lincoln Medical Education Foundation, celebrated its 50th Anniversary in August. Over 300 guests, including employees and their families, and patients, were treated to bounce houses, a Velcro wall, balloon and airbrush tattoo artists, food, music, and a variety of other activities. The evening's celebration culminated with a fireworks show, planned and executed by Dr. Hunter Allen, a second-year family medicine resident at LMEP and a licensed pyrotechnician.

LMEP has been home to a variety of programs over the years, including:

- Lincoln Family Medicine Residency Program
- Lincoln Family Medicine Center
- Lincoln Pediatric Hospitalists
- School Community Intervention & Prevention
- Stepping Stones (previously Young Families Program)
- Lincoln Medical Acupuncture
- Nebraska Cancer Research Center
- Training for Addiction Professionals
- Continuing Health Professions Education
- Family Violence Council
- Pathways



Our History of Care

1971

Lincoln Medical Education Foundation (LMEF) Founded

1974

Lincoln Family Residency Program Established

1975

First Residency Class

1978

First Residency Class Graduation

1980

Continuing Medical and Health Education Established



LMEP has always been an innovator, stepping up to fill the needs in our community.



1983

School Community Intervention & Prevention Program Established

1984

Cancer Resource Center Established

1995

Stepping Stones Established

1996

Family Violence Council Established

1997

New Clinic Building Opened
Training for Addiction Professionals Established

Pathways to Self-Sufficiency Established
Community Health Information Network Established

1998

Carveth Building Opened



Through the years, residents are prepared and ready to serve communities thanks to their inspired training with experienced faculty and enlightened leadership.

Our Mission

To enhance the health of individuals, families, and communities through innovative programs and exemplary medical education.

First Residency Graduating Class of 1978



(left to right):
Mark Allison, MD
Gerry Bunting-Blake, MD
Mike Finkner, MD
Michael McCoy, MD
Robert Roth, MD



2004

LMEF becomes Lincoln
Medical Education Partnership

2017

Lincoln Medical
Acupuncture Established

2019

Lincoln Behavioral Health Center
Merges with Stepping Stones

2020

Lincoln Pediatric
Hospitalists Established

2023

LMEP Celebrates
50 Years

“

Our success and longevity are a testament to the support we've received from volunteer faculty physicians, research participants and investigators, school personnel, faculty, residents, and most importantly, our employees, over these past 50 years. The mission of LMEP is to enhance the health of individuals, families, and communities through innovative programs and exemplary medical education, and we will continue to do so for years to come.”

– DR. ALAN LINDERMAN, LMEP PRESIDENT AND CEO

A Bright
Future
Continues



Residency Program

The team at Lincoln Family Medicine Residency Program is proud to provide exemplary patient care and exceptional medical education to our 24 Family Medicine Resident Physicians. Founded in 1974, the residency training program has graduated 310 physicians with over 55% of our graduates serving the patients of Nebraska. We are proud of our strong tradition and service to our state, and we continue to recruit dedicated and talented medical school graduates to join our team.

Our continued successes and abilities to offer comprehensive educational experiences are due to the unyielding support we receive from University of Nebraska Medical Center, Bryan Health, and CHI Health St. Elizabeth, the dedication and teaching abilities of our core faculty, and the partnership and investments of our community faculty. We have remained true to our mission to train the next generation of Family Physicians.

23,500+

individual, life-changing patient encounters

55%

of Lincoln Family Medicine Residency Program graduates practice medicine in the state of Nebraska.

310

successful resident physician graduates to date

2023

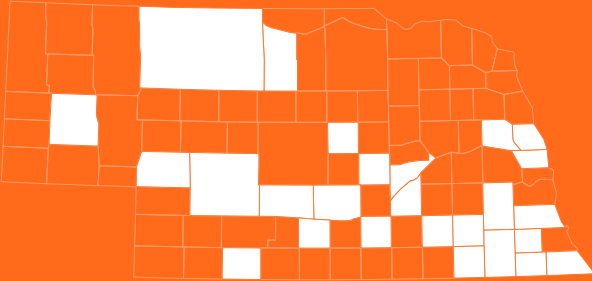
Residency Program celebrates 45 years and 310 graduates

Our Mission

**Strengthening Community
through Health Education
and Patient Care**



Nebraska Counties Served by Program Graduates 2011 - 2023



LFMP graduates are leaders in primary care in Nebraska. Over the past 12 years:

- 35% of alumni practice Family Medicine with Obstetrics.
- 63% of future graduates from our current resident cohort plan to provide Family Medicine with Obstetrics in their practice.

Thank You

LMEP Volunteer Clinical Faculty
and the Lincoln Medical Community

The Lincoln Family Medicine Residency Program was founded in 1974 with our first class graduating in 1978. Since our inception, we have had the dedication and contributions of our sponsoring institutions- University of Nebraska Medical Center, Bryan Health, CHI Health St. Elizabeth, and the greater Lincoln medical community. We have graduated over 300 Family Medicine physicians, and we stay true to our mission to serve as a pipeline of quality and compassionate medical care throughout Nebraska and the Midwest. Because of the invaluable education, collaboration, and dedication provided by our Volunteer Clinical Faculty, we train exemplary Family Physicians. Along with our core

Faculty, the Attending physicians in the Lincoln medical community have contributed 2.5 million direct teaching hours and millions more meaningful clinical experiences which have shaped the training and careers of each Lincoln Family Medicine alumnus. On behalf of past, current, and future residents, faculty, and staff, I want to express appreciation to every community member who has supported and partnered to prepare the next generation of Family Physicians.

Sincerely,



Sabrina Cerny

Sabrina Cerny
MD, ABFM, FAAFP
Program Director

The John C. Finegan

Award recognizes leaders who have provided extraordinary dedication and service to Lincoln Medical Education Partnership and specifically Lincoln Family Medicine Residency Program. The award honors John Finegan, MD, who was the first director of the Lincoln Family Medicine Program. Through the years, members of Lincoln medical community who continue the vision of ensuring family medicine physicians receive the training and education to meet the medical needs of communities throughout Nebraska.

Russ Gronewold,
President and CEO of
Bryan Health, is the
2023 recipient of the
John C. Finegan Award.

In the Clinic

Lincoln Family Medicine Center serves as the core ambulatory training site for Lincoln Family Medicine Residency Program. Our clinic has grown in space, number, and scope of service throughout its 50-year history.

As a full spectrum Family Medicine clinic, our physicians, advance practice providers, and staff provide more than 24,000 patient encounters annually. We are proud to serve a diverse patient population. From newborn checks to elder wellness visits, from acute visit diagnostics to chronic disease coaching, from acupuncture to osteopathic manipulation treatments, we impact lives daily within the context of each individual visit. We are committed to providing compassionate care, meeting patients where they are in their healthcare journey,

and partnering with them to meet their wellness goals, both physical and emotional. Lincoln Family Medicine Center offers full-spectrum care in all settings including hospital, clinic, group visits, nursing home visits, hospice care, house calls, acupuncture, osteopathic manipulation therapy, prenatal and obstetric care, and mental health care.

Lincoln Family Medicine Center is a place where our core values of Accountability, Caring, Collaboration, Education, Professionalism, and Teamwork are exemplified daily.



Stepping Stones

Stepping Stones expanded to four therapists early in the year before the appeal of private practice significantly impacted Stepping Stones. The departure of therapists, although staggered, coupled with a highly competitive market for therapists, made recruitment of new therapists challenging.

In order to level the playing field with larger agencies providing significant hiring bonuses, Stepping Stones applied for ARPA Funding for Behavioral Health Workforce Projects Related to COVID-19 through the Behavioral Health Education Center of Nebraska (BHECN) and was awarded \$10,000. These funds are being used to offer hiring bonuses for one full-time and two part-time mental health practitioners.

Stepping Stones and Lincoln Family Medicine Center continue to operate under an integrated



behavioral health model where the Stepping Stones therapists collaborate with the primary care providers to address behavioral health concerns identified during medical visits. This may occur through a warm hand-off, where the therapist is asked to meet face-to-face with the patient while at the clinic to help establish rapport and communication.

Supportive services, including the emergency food pantry, diapers/wipes, and personal hygiene items, continue to be provided to the Clinic and Stepping Stones' clients as needed.



School Community Intervention & Prevention

During the 2022-23 school year, 160 schools embraced the identification and referral process that is the backbone of SCIP, placing a high priority on the mental and behavioral health of their students. Through collaboration with our behavioral health agency partners, we were able to help our SCIP teams connect students to effective supports that can lead to long-term changes and stability.

The number of students referred through the SCIP identification and referral process remained steady this year, at 1,002. The primary reason for referrals was student Alcohol, Tobacco, and Other Drugs use concerns (429), which is not surprising given the prevalence of vaping by youth. This was followed by mental health concerns (364) and social behaviors (329). However, the number of interventions

(662), assessments (237), and students newly connected to services (648) all increased over the previous year. The demand for mental health services this year outstripped availability, leading to increased wait times for services.

Prevention and education efforts undertaken by SCIP through training, presentations, and community outreach continue to grow. A total of 1,424 individuals attended SCIP trainings and presentations over the course of the year, with hundreds of others were provided at community events. Presentation and training topics included the impact of substance use and addiction, depression, youth suicide prevention, dealing with disruptive behaviors, addressing the stigma of mental health, cyberbullying, sexting, online safety, human trafficking, vaping, and teen substance use.

Statewide data
tabulation for
2022-2023

1,002
referrals

662
interventions

237
assessments

648
newly connected
to services



Lincoln Pediatric Hospitalists

The past year presented a number of challenges for the Lincoln Pediatric Hospitalists (LPH) as they continued to provide expert care for pediatric patients at Bryan Health, CHI Health St. Elizabeth, and Madonna Rehabilitation Hospital. Recruitment of additional providers was difficult, as most pediatric hospitalist programs are also experiencing staffing shortages. A decision was made mid-year to pursue contracts with locum tenens physicians while continuing recruitment efforts.

Patient census numbers began to rise in October and soared in November, with over 1,100 patient visits in November alone, due to RSV, influenza, and COVID-19. To address this influx in light of staffing challenges faced by the program, a plan was developed in conjunction with community pediatricians for them to cover newborn care during this time so that the hospitalists could focus their

attention on inpatient care. The willingness of the community pediatricians to step up and help was truly appreciated and a testament to the value they place on the program.

Madonna Rehabilitation Hospital announced in February that it would discontinue pediatric care in Lincoln, effective July 1, 2023. As the three Lincoln hospitals (Bryan, CHI Health St. Elizabeth, and Madonna) shared the cost of the program equally, discussions began in earnest with Children's Nebraska regarding how to sustain the program long term. As a result of these discussions, Children's will take on a larger financial and administrative role with LPH. LMEP will remain very involved with LPH. Going forward, the Lincoln Pediatric Hospitalists program will continue to serve as a training rotation site for the second-year family medicine residents and the pediatric hospitalists will present on pediatric topics monthly at the residency program's Noon Conferences.

Thank You

to our Generous Supporters

Trusts

Complete Children's
Health Charitable Trust

Funding Sources

Bryan Health
CHI Health St. Elizabeth
Lincoln Public Schools
Madonna
Rehabilitation
Nebraska Department
of Health &
Human Services
Region 4 Behavioral
Health Systems
Region V Systems
Region 6 Behavioral
Healthcare
Partnership for a
Healthy Lincoln

United Way of Lincoln
& Lancaster County
University of Nebraska
Medical Center

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Frank Weirman
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Lincoln Community
Foundation
Lincoln Northeast
Kiwanis
Lincoln Pediatric
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Luke Mitchell
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Norland Pure
Nothing Bundt Cakes
Omaha Storm Chasers
Paint Yourself Silly

Papio Fun Park
Pepsi
Qdoba
Radcliffe Gilbertson
& Brady
Raising Cane's
Regina Bergh
Runza
Scheels
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U-Stop
Vala's Pumpkin Patch
Velocity Clinical
Research
Walmart
Warm Cookie
Company
White or Wheat
Sandwich Shoppe



Financials for Fiscal Year 2023 Annual Report

Revenue

Lincoln Family Medicine Residency Program		
Net Service Revenue _____	\$6,345,207	
Supporting Community Hospital Contributions _____	\$2,295,804	
Supporting Medical Center Contributions _____	\$2,688,990	
LFMP Revenue and Contributions _____	\$11,330,001	88%
Other Contributions _____	\$142,931	1%
Grants and Contracts _____	\$481,184	4%
Rental _____	\$444,326	3%
Tuition _____	\$18,498	0%
Investment _____	\$478,184	4%
Other _____	\$40,456	0%
Total Revenue, Gains, and Other Support ____	\$12,935,580	100%

Expenses

Lincoln Family Medicine Residency Program _____	\$7,858,414	63%
School Community Intervention and Prevention _____	\$289,651	2%
Lincoln Medical Acupuncture _____	\$213,977	2%
Stepping Stones _____	\$255,288	2%
Rental Income-Related Expenses _____	\$295,726	2%
Management and General _____	\$1,262,507	10%
Lincoln Pediatric Hospitalists _____	\$2,267,824	18%
Total Expenses _____	\$12,443,387	100%
Change in Net Assets _____	\$492,193	

Board of Directors

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LMEP Resident Physician TBD

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Program Director, Lincoln Family Medicine Residency Program

Kathy Harper, PHR, SHRM-CP

Director of Operations and Human Resources

Kelly Madcharo, JD

Compliance, Stepping Stones, School Community Intervention & Prevention, Lincoln Pediatric Hospitalists



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